

Signs and Symptoms of Teenage Substance Abuse

CLASS ATTENDANCE

- ✓ Frequent tardiness
- ✓ Frequent request to leave class
- ✓ Frequent absences
- ✓ Class cuts

DISRUPTIVE BEHAVIOR

- ✓ Irresponsibility, blaming, denying
- ✓ Attention-getting behavior
- ✓ Defiance of rules
- ✓ Fighting or sudden outbursts of anger
- ✓ Verbally abusive to others
- ✓ Obscene language/gestures

ACADEMIC PERFORMANCE

- ✓ Drop in grades/low achievement
- ✓ Failure to complete assignments
- ✓ Poor short-term memory
- ✓ Decrease in class participation
- ✓ Easily distracted

CODE VIOLATIONS

- ✓ Involvement in thefts/assaults
- ✓ Possession of drugs/paraphernalia
- ✓ Vandalism
- ✓ Selling drugs

PHYSICAL SYMPTOMS

- ✓ Sleeping in class
- ✓ Slurred speech
- ✓ Deteriorating personal appearance
- ✓ Depression
- ✓ Withdrawn: Difficulty relating to others
- ✓ Talks freely about drug use
- ✓ Defensive
- ✓ Crying
- ✓ Erratic behavior
- ✓ Constant adult contact
- ✓ Unexplained, frequent physical injuries
- ✓ Frequent cold-like symptoms
- ✓ Smelling of alcohol or marijuana
- ✓ Glassy, blood-shot eyes
- ✓ Uses eye drops or sunglasses
- ✓ Weight loss or gain
- ✓ Erratic sleeping or eating habits

ATYPICAL BEHAVIOR

- ✓ Change in friends/behavior
- ✓ Sudden popularity
- ✓ Older or younger social group
- ✓ Disoriented

EXTRACURRICULAR ACTIVITIES

- ✓ Misses practice without substantial reason
- ✓ Dropping out of activities



the recovery center

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